

Safety and Wellness Survey (SAWS)

Data Report for School Year 2023-2024

The Safety and Wellness Survey (SAWS) measures school level implementation of the Hawaii Department of Education (HIDOE) Wellness Guidelines across the state. Survey results from the 2023-24 school year are provided in this report, in accordance with the USDA’s final rule for Local School Wellness Policy Implementation under the Healthy, Hunger Free Kids Act of 2010, as well as the Hawaii Board of Education policy 103-1.

In the 2023-24 school year, 253 of 258 eligible schools completed the survey. Overall, 81% of the Wellness Guidelines were met. School scores ranged from 44% to 100% implementation of the Wellness Guidelines. The Hawaii Department of Health is awarding banners for “Excellence in Wellness” recognizing 77 schools that met 90% or more of the guidelines.

Compliance with individual guidelines varied, with some guidelines being achieved by 100% of schools and others being achieved by only a minority of schools. The guidelines that relate to the school meals program (NG1 and NG5) are the responsibility of the HIDOE School Food Services Branch and were fully implemented by 100% of schools. On the other end of the spectrum, guidelines NG2 and NG3, which relate to the nutritional quality of foods and beverages sold or provided to students outside of the meals program (e.g., school parties, athletic concessions, and fundraisers) have consistently been the most difficult for schools to fulfill. This year, an average of 41% of schools met this food guideline, and 61% met this guideline for beverages. Additionally, WC6, which relates to the school community being notified about the wellness policy and provided the wellness coordinator contact information, was met by 46% of schools.

The SAWS is an online survey administered annually to principals at public (non-charter) schools and uses the following scoring criteria: one (1) point for a guideline that is fully met and zero (0) for a guideline not met.

In the school year 2023-24, there were 34 points possible for schools. The overall score is calculated by dividing the number of points achieved by the total points possible. Please see the attachments for a summary of the Wellness Guidelines, state average scores, and a comprehensive list of school SAWS scores for the 2023-24 school year.

More information about the SAWS and the HIDOE Wellness Guidelines may be found online at [Hawaii DOE](#) and [Wellness Guidelines](#).

Data Release Notes:

- Kulanihakoī High School was a new school with only grades 9 and 10 in SY 2023-2024. To provide a fair evaluation, it was excluded from the overall State-level score, the Baldwin-Kekaulike-Kulanihakoī-Maui Complex Area score, and the Kulanihakoī Complex score.
- To provide sensitivity to the evolving situations for the Maui schools affected by the wildfires in early August 2023, four schools (Princess Nahienaena Elementary, King Kamehameha III Elementary, Lahaina Intermediate, Lahainaluna High) were provided the option to waive their participation in SAWS in SY 2023-2024. Their scores were also excluded from the overall State-level score, the Hana-Lahainaluna-Lanai-Molokai Complex Area score, and the Lahainaluna Complex score.
- While 256 out of 258 schools completed the survey, the overall State-level score is calculated from 253 schools.
- Due to the COVID-19 pandemic, in the SY 2020-21 SAWS, questions and/or response options were modified or dropped to accommodate school design changes and adaptations. For this reason, SAWS data from the 2020-21 (previous) school year cannot be compared to earlier, current, or future SAWS reports. Thus, scoring for SY 2020- 21 was only meant to highlight a school’s progress towards meeting the Wellness Guidelines and to provide a tool to assist schools in determining areas of improvement and/or strengths to celebrate.
- Also note that the HIDOE revised its wellness policy in March 2017. As of June 30, 2017, schools should be fully implementing the updated Wellness Guidelines.

Questions?

For questions about the Wellness Guidelines, please contact:

Hawaii State Department of Education,
School Food Services Branch Program
Specialist Lindsay Nakamura, 784-5500
or lindsay.nakamura@k12.hi.us

For questions about the SAWS, please contact:

Hawaii State Department of Health,
School Health Coordinator Sarah Hipp,
586-5492 or sarah.hipp@doh.hawaii.gov

Summary of Wellness Guidelines Scores for School Year 2023-24

WELLNESS GUIDELINE	AVERAGE SCORE	WELLNESS COMMITTEE (WC)
WC1	63%	The school has a designated wellness coordinator.
WC2	71%	The school has a wellness committee that includes members of the school community and/or members of the general public (e.g., representatives of community organizations, public agencies, or locally elected officials)
WC3	61%	The school wellness committee meets at least three times per school year.
WC4	66%	The wellness committee uses the School Health Index or other data sources (e.g. Youth Risk Behavior Survey data) to identify priority areas and to monitor improvements in those areas annually.
WC5	98%	Priority areas for wellness are included in the school's Academic and/or Financial Plan.
WC6	46%	The school community is notified about the wellness policy and provided contact information for the wellness coordinator at the beginning of each school year.
WC7	88%	The school encourages students' families to support wellness at school and at home through a variety of culturally and linguistically appropriate formats (e.g. online, flier, presentations)
WC8	100%	The principal or the school wellness coordinator completes the Safety and Wellness Survey annually.

NUTRITIONAL GUIDELINES (NG)		
NG1	100%	All reimbursable meals and snacks meet the USDA nutrient standards.
NG2	41%	All foods sold or provided (e.g., a la carte sales, fundraisers, student stores, vending machines, and parties) on school campus during the school day meet the USDA meal pattern requirements or Smart Snacks standards.
NG3	61%	All beverages sold or provided (e.g., a la carte sales, fundraisers, student stores, vending machines, and parties) on school campus during the school day meet the following criteria during the school day: <ul style="list-style-type: none"> • No caffeine, no artificial colors, and no artificial flavors • Maximum 8 oz. serving, except water which has no portion size limit <ul style="list-style-type: none"> ○ Water – Plain (with or without carbonation) ○ Milk – Unflavored 1% of fat free; flavored fat free milk; milk alternatives as permitted by the National School Lunch/Breakfast Program; with ≤ 22 grams of sugar per 8 oz. serving ○ 100% Fruit or vegetable juice with no added sweeteners ○ 100% Fruit or vegetable juice diluted with water and no added sweeteners
NG4	87%	Fundraising activities that promote physical activity, non-food items, or healthy foods based on Smart Snacks standards are encouraged.
NG5	100%	Meals and snacks include fresh and locally grown fruits and vegetables when possible
NG6	99%	Students are allowed to have at least 20 minutes to eat their lunch after being served.
NG7	100%	Students have access to free drinking water during meal times and throughout the school day at multiple locations on campus.
NG8	64%	Food is not used as a reward or punishment for students.

HEALTH EDUCATION AND NUTRITION PROMOTION (HE)		
HE1	90%	Instructional content of health education classes includes a focus on knowledge and skills that support healthy eating and is aligned with the Hawaii DOE Standards for health education.
HE2	79%	Health education is provided to students in elementary grades at least 45 minutes per week and secondary grades at least 200 minutes per week as measured by time spent in a course, integrated into multiple content areas, or through interdisciplinary units.
HE3	84%	Nutrition education includes culturally relevant activities that are 'aina-based and hands on, such as food preparation, taste-testing, farm visits, and school gardens.
HE4	78%	All school-based marketing of foods and beverages must meet the Nutrition Guidelines. This includes, but is not limited to, school publications, the exterior of vending machines, posters, banners, in-school television, and scoreboards.

PHYSICAL EDUCATION (PE)		
PE1	97%	Instructional content of physical education classes is aligned with the Hawaii DOE Standards for physical education.
PE2	88%	Physical education is provided to students in elementary grades at least 45 minutes per week and secondary grades at least 200 minutes per week.
PE3	98%	At least 50% of physical education class time is dedicated to moderate to vigorous physical activity.
PE4	80%	Physical education classes are taught by State-certified physical education instructors.
PE5	98%	Physical education classes have a student/teacher ratio similar to other classes.
PE6	71%	Physical education in grades 5, 7, and 9 includes a health-related student fitness assessment (e.g. FitnessGram).

PHYSICAL ACTIVITY (PA)

PA1	97%	Students are provided at least 20 minutes a day of recess that include opportunities to engage in moderate to vigorous physical activity.
PA2	85%	Students are provided with physical activity breaks at least every 60 minutes.
PA3	83%	The school does not use or withhold physical activity (e.g. recess or PE) as a negative consequence.
PA4	81%	The school supports active transport by encouraging students and staff to walk and/or bike to school if reasonably safe to do so.
PA5	83%	The school supplies bike racks for students and staff.
PA6	60%	The school staff, students, families, and community members have access to school grounds and facilities to be physically active during non-instructional time (e.g. before and after school, on weekends, and holidays).

PROFESSIONAL DEVELOPMENT (PD)

PD1	67%	The school staff receive annual professional development on the wellness guidelines.
PD2	94%	The school staff are encouraged to be role models for wellness (e.g. healthy eating, physical activity, tobacco-free, and stress management).

81%

AVERAGE WELLNESS GUIDELINES SCORE

Name	Complex	WCL	WC2	WC3	WC4	WC5	WC6	WC7	WC8	NS1	NS2	NS3	NS4	NS5	NS6	NS7	NS8	HE1	HE2	HE3	HE4	FE1	FE2	FE3	FE4	FE5	FE6	PA1	PA2	PA3	PA4	PA5	PA6	PD1	PD2	Average Score (%)			
STATE *	253 of 258	63%	71%	61%	66%	86%	46%	88%	100%	100%	100%	41%	61%	87%	100%	99%	100%	64%	90%	79%	84%	78%	91%	82%	91%	80%	71%	87%	83%	83%	81%	83%	60%	67%	94%	81.1%			
Aiea-Moanalua-Radford	22 of 22	55%	59%	55%	55%	86%	41%	73%	100%	100%	100%	41%	50%	91%	100%	100%	100%	64%	82%	77%	82%	77%	91%	82%	91%	80%	71%	87%	83%	83%	81%	83%	60%	67%	94%	77.7%			
Aiea	7 of 7	71%	71%	71%	71%	86%	57%	71%	100%	100%	100%	71%	86%	100%	100%	100%	100%	67%	100%	83%	100%	67%	100%	100%	100%	100%	100%	100%	100%	83%	83%	100%	83%	67%	94%	77.7%			
Moanalua	6 of 6	50%	50%	50%	50%	100%	33%	67%	100%	100%	100%	17%	33%	83%	100%	100%	100%	67%	100%	83%	100%	67%	100%	100%	100%	100%	100%	100%	100%	83%	83%	100%	83%	67%	94%	78.9%			
Radford	9 of 9	44%	36%	44%	44%	100%	33%	78%	100%	100%	100%	33%	33%	89%	100%	100%	100%	78%	78%	89%	89%	89%	89%	89%	89%	78%	89%	89%	89%	67%	100%	78%	56%	89%	67%	100%	76.8%		
Aiea Elementary	Aiea	1	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	74%			
Aiea High	Aiea	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	97%			
Aiea Intermediate	Aiea	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	71%		
Pearl Ridge Elementary	Aiea	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	79%		
Scott Elementary	Aiea	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	85%		
Waialua Elementary	Aiea	0	0	0	0	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	47%		
Wedding Elementary	Aiea	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	91%		
Moanalua Elementary	Moanalua	0	0	0	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	76%		
Moanalua High	Moanalua	0	0	0	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	79%		
Moanalua Middle	Moanalua	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	85%		
Red Hill Elementary	Moanalua	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	85%		
Salt Lake Elementary	Moanalua	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	79%		
Shafter Elementary	Moanalua	0	0	0	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	68%		
Aleamau Elementary	Radford	0	0	0	0	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	71%		
Aleamau Middle	Radford	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	97%		
Hiclam Elementary	Radford	1	1	0	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	76%		
Makalapa Elementary	Radford	0	0	0	0	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	56%		
Mokuieie Elementary	Radford	0	0	0	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	50%		
Nimitz Elementary	Radford	1	1	1	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	74%		
Pearl Harbor Elementary	Radford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	97%		
Pearl Harbor Kai Elementary	Radford	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	94%		
Radford High	Radford	0	0	0	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	76%		
Baldwin-Kekaulike-Kulanihakoi-Maui *	21 of 21	80%	80%	60%	80%	100%	50%	90%	100%	100%	100%	55%	70%	100%	100%	85%	100%	90%	95%	80%	95%	85%	100%	90%	100%	80%	100%	70%	100%	85%	85%	65%	90%	50%	75%	95%	82.0%		
Baldwin	5 of 5	100%	80%	80%	80%	100%	80%	80%	100%	100%	100%	40%	20%	100%	100%	80%	100%	80%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	60%	100%	80%	40%	80%	60%	80%	100%	83.5%
Kekaulike	7 of 7	71%	57%	57%	57%	100%	29%	86%	100%	100%	100%	57%	71%	100%	100%	100%	100%	86%	86%	57%	100%	100%	100%	86%	100%	57%	100%	71%	100%	71%	86%	43%	86%	43%	57%	86%	79.4%		
Kulanihakoi *	4 of 4	33%	100%	67%	100%	100%	33%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	67%	100%	100%	100%	33%	67%	100%	91.2%			
Maui	5 of 5	100%	100%	40%	100%	100%	60%	100%	100%	100%	100%	40%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	60%	100%	60%	100%	90.6%		
Baldwin High	Baldwin	1	1	1	1	1	1	0	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	79%			
Iao Intermediate	Baldwin	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	100%		
Puu Kuli Elementary	Baldwin	1	1	1	1	1	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	94%		
Wahee Elementary	Baldwin	1	0	0	0	1	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	65%		
Waialua Elementary	Bald																																						

