

## Mad Hatter Wellness Curricula

Mad Hatter Wellness' Open Conversations and Sexuality for All Abilities curricula empower people with intellectual disabilities and their support systems.

**Open Conversations** is an evidence-informed curriculum for families, schools, and organizations to support children of all abilities. Open Conversations is designed to provide an introduction to developing healthy relationships, learning how to set boundaries, and the importance of bodily autonomy. These lessons give students an open and healthy way to begin to be intentional about their bodies, safety, and relationships. Lessons address healthy relationships with family and friends, personal safety, boundaries, and private and public behaviors.

**Sexuality for All Abilities** is an evidence-informed, holistic program that delivers inclusive sexuality education to youth of all abilities and provides staff and caregivers the tools to best support the people served. The Sexuality for All Abilities Curriculum is a series of lessons designed to ensure people of all abilities successfully establish, maintain, and explore safe and healthy relationships. The lessons use mindfulness techniques to explore topics in a safe environment. Lessons address healthy relationships, private and public, consent and body rights, how to get help for unsafe and uncomfortable situations, and social media literacy and online safety.

*The general description of the curriculum was adapted from information provided on the publisher's website.*

### Reference

Mad Hatter Wellness. (2024). *Open conversations*. Retrieved July 17, 2024, from <https://madhatterwellness.com/open-conversations>.

Mad Hatter Wellness. (2024). *Sexuality for all abilities*. Retrieved July 17, 2024, from <https://madhatterwellness.com/sexuality-all-abilities>.

### Opt-Out Process

A student shall be excused from sexual violence prevention instruction only upon the prior written request of the student's parent or legal guardian. A student may not be subject to disciplinary action, academic penalty, or other sanctions if the student's parent or legal guardian makes such written request.

For more information about the Department's Sexual Violence Prevention Program, visit [bit.ly/HIDOE-SVP](https://bit.ly/HIDOE-SVP).