

HOW TO APPLY FOR FREE AND REDUCED MEAL BENEFITS



Effective for the school year 2026-27, the Department has expanded its free meal eligibility to families with household incomes at or below 300% of the federal poverty level (ALICE households) under Act 139. Eligible students will receive one free breakfast and one free lunch each school day.

STEPS



1. Review the [Income Guidelines](#)
2. If your family falls within the guidelines, submit an application for Free and Reduced Meal Benefits at EZMealApp.com

Note for Military Families: The following income should be reported in the application:

- Off base housing allowance
- Base salary
- COLA
- Food BAS
- Clothing allowance

3. Within 1-3 days, you'll receive your School Meals Eligibility Letter via email stating your child's status



TIPS



Complete the EZMealApp process on your computer or scan the QR code to apply on your mobile device



Watch this [video](#) tutorial by Waipahu High School students on how to fill out the EZMealApp



REMINDER

Applications can be submitted anytime during the school year. You may reapply if circumstances change in your household.