

DID YOU KNOW?

- Military children relocate every 1-4 years, three times more often than their civilian peers (Harvard University- Center for the Developing Child).
- The most common factor for children who develop resiliency is at least one stable and committed relationship with a supportive parent, caregiver, or other adult (Berg, 2008; Bradshaw, Sudhinaraset, Mmari, & Blum, 2010; & Hipps, 2011).
- Out of 1.85 million military children, 1.2 of them falls into the K-12 education range of 6-18 years of age (DOD, 2010).



ABOUT US

Anchored4Life has teamed up with the United States military to provide a comprehensive transition and resiliency Club for all youth. The peer-to-peer Club positively supports and encourages youth through the mastery of resiliency life skills. Anchored4Life serves schools, home school groups, and youth programs/teen centers.



Follow us on social media: @a4lclub

BUSINESS INFORMATION:

🌐 www.anchored4life.com

✉ contact-us@anchored4life.com

MIDDLE SCHOOL YOUTH

CLUB FEATURES

Anchored4Life's Club Features provide opportunities for youth to acquire valuable life skills. These skills will increase self-esteem and self-worth, integrate empathy and integrity into daily activities, and help build and strengthen positive connections with others.

- **Quotes** provide inspiring messages to increase positive interactions.
- **Kits** provide resources to master resiliency life skills.
- **Tours** familiarize transitioning youth with the location.
- **REALTALK** is peer-led, using specially designed curriculum to teach and reinforce life skills to overcome transition challenges.
- **Service Projects** strengthen community ties by helping others.
- **Training and Ongoing Support** are provided to all participating locations to ensure club consistency.

“HELPING TO DEVELOP
HAPPIER, HEALTHIER,
AND MORE CONFIDENT
KIDS”

CLUB POSITIONS

One (1) Administrative Point of Contact –
A designated individual who oversees the club.

Three (3) Advisers –
Committed adults collaborating with Team Leaders to facilitate the implementation of the Club Features.

Five (5) Team Leaders –
6th to 8th grade youth who identify and assist transitioning youth with resiliency tools and resources.

Unlimited A4L Reps –
Youth who are identified by Advisers to provide individualized support to transitioning youth.

OUR GOALS

1. Teach and reinforce life skills for youth to better connect with their peers and community during transitions.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.

