

SY 2024-2025 NSLP MENU CYCLE NG TANGHALIAN

May kasamang pagpipilian na chocolate o unflavored fat-free (skim) o 1% milk ang lahat ng pagkain (Pinapayagan ang mga batang 2-5 Taong Gulang sa unflavored fat-free (skim) o 1% Milk)

LINGGO 1				
CHEESE PIZZA	CHICKEN PATTY SANDWICH	CHILI & CHEESE NACHOS O SOFT SHELL BEEF TACOS	ROAST TURKEY NA MAY GRAVY & WG ROLL	BEEF PATTY NA MAY GRAVY & RICE O PANIOLO PATTY
Veggie Sticks-Celery o Cucumber Sariwang prutas Edamame (K-A) Pampalasa: Dressing 0 0 0	Emoticon Potatoes Lettuce Leaf Tomato slice Sariwang prutas Pampalasa: Ketchup, Mayonnaise (9-A)	Green Salad Salsa cup Strawberry Kiwi Juice Pinaghalong mga Prutas (9-A) Pampalasa: Dressing 0 0	Whipped potatoes Zucchini Pinaghalong mga Prutas Craisins (9-A) WG roll Pampalasa: Gravy 0	Steamed Rice Steamed Carrots Edamame White Grape Peach Slushie Sliced Peaches (9-A) WG Roll (9-A) Pampalasa: Gravy
LINGGO 2				
TASTY TENDERS & RICE (Chickenless tenders)	TUNA SANDWICH O FISH FILLET SANDWICH	CREOLE MAC (NA MAY CHEESE) O SPAGHETTI NA MAY MEAT SAUCE (WALANG CHEESE)	KOREAN CHICKEN & RICE O BAKED CHICKEN NA MAY GRAVY & RICE	CHICKEN POTSTICKERS (GYOZA)
Broccoli Baked beans Apple Crisps Sariwang prutas (9-A) WG Roll (9-A) Pampalasa: Dipping sauce	Na may Lettuce leaf & Tomato Slice (K-Chips (potato crisps, O Wild White Nachos) Veggie Sticks (Celery O Cucumber) Orange Fruit Gel Sliced Peaches (9-A) Pampalasa: Dressing	Green Salad Edamame Sliced Peaches Diced Pears (9-A) WG Roll, Garlic o plain Pampalasa: Dressing 0	Steamed Rice Steamed Corn Steamed Carrots Applesauce Pineapple Chunks (9-A) WG Roll (9-A)	Baby Carrots Veggie Sticks (Celery o Cucumber) Sariwang Prutas Sariwang prutas (9-A) Pampalasa: Dressing, Dipping Sauce 0 0
LINGGO 3				
MAC & CHEESE O THREE BEAN CHILI & RICE O THREE BEAN CHILI MAC	SHOYU HOT DOG NA MAY RICE O HOT DOG NA MAY BUN	KALUA PORK & CABBAGE & RICE O KALUA PORK NACHOS	HAMBURGER, TERI-BURGER, CHEESE BURGER, O SLOPPY JOE	PEPPERONI PIZZA
Broccoli Steamed Carrots POG Slushie Pineapple Chunks (9-A) WG Roll (9-A) 0	Tater tots o Corn Baby Carrots Sariwang prutas Pampalasa: Ketchup, Mustard WG Roll(K-A) w/Shoyu Hot Dog & Rice lamang 0	Lomi Tomato O Pico De Gallo Edamame Pineapple Chunks Pinaghalong mga Prutas (9-A) WG Roll O 2 oz Tortilla Chips (9-A) 0	na may Lettuce & Tomato Potato Wedge Fries Veggie Sticks (Celery O Cucumber) (K-A) Sariwang prutas Pampalasa: Ketchup 0	Baby carrots Veggie Sticks (Celery O Cucumber) (K-A) Sariwang prutas Pampalasa: Dressing 0 0
LINGGO 4				
CHEESE BITES	BBQ PORK SANDWICH O KALUA PORK SANDWICH	HAMBURGER CURRY & RICE O HAMBURGER STEW & RICE	CHICKEN TENDERS	MINI TURKEY CORN DOG
Marinara Dipping Sauce Veggie Sticks-Celery o Cucumber Sariwang Prutas Pampalasa: Dressing 0 0	Potato Wedges Baked Beans Coleslaw Sliced Peaches Sariwang prutas (9-A) Pampalasa: Ketchup, BBQ sauce	Cucumbers Green Salad Cran Razz Juice Pineapple Chunks (9-A) WG roll (9-A) Pampalasa: Dressing	Potato Wedges Baby Carrots Edamame Strawberry Fruit Gel Diced Pears (9-A) WG roll (9-A)	Baby Carrots Veggie Sticks (Celery O Cucumber) Sariwang prutas Pampalasa: Dipping Sauce, Dressing 0 0

ANG INSTITUSYON NA ITO AY NAGBIBIGAY NG ISANG PANTAY NA PAGKAKATAON.